

# IDEAL SEMINAR FOR COACHES: BASKETBALL AND INTELLECTUAL DISABILITY

**THURSDAY 17 DECEMBER – 10:00 A.M.**

**ZOOM ONLINE PLATFORM – FREE REGISTRATION [HERE](#)**

**10:00. Presentation of project Erasmus + IDEAL (Intellectual Disability and Equal Opportunities for Active and Long-term Participation in Sport).**

Javier Pérez. Professor INEF – UPM and director CEDI.

**10:15. Basketball for people with intellectual disability in Spain and the Community of Madrid. Round table.**

- Alfredo Salazar. Technical director from Spanish Sports Federation for people with Intellectual Disability (FEDDI).
- Álvaro Terreros. Technical director from Special Olympics Spain.
- David de Juanas. Technical coordinator from Madrid Sports Federation for people with Intellectual Disability (FEMADDI).

**11:00. Presentation of “Guide of basketball for people with intellectual disability – IDEAL”.**

- How to adapt basketball for people with intellectual disability?  
Ignacio Polo (CEDI – INEF – UPM).
- Practical proposal of exercises on court.  
Pilar Platas (CEDI – INEF – UPM).

**11:45. Questions and sharing.**

**12:00. End of Seminar.**

The aim of this Seminar is to **offer a space for continuous training of basketball coaches**, presenting the current state of basketball for people with intellectual disability, focused on the possibilities of participation and competition of the group. In addition, **the “IDEAL Guide for basketball’s coaches for people with intellectual disability”** developed by CEDI-INEF-UPM as a member of the Erasmus+ IDEAL project ([www.idealproject.org](http://www.idealproject.org)), will be present, as a practical proposal for coaches structured in the more conditioning factors during the game for our players: decision-making, adaptive behaviour and communication.

**All the lives attended will be provided the Guide at the end of the Seminar, as well as a certificate of attendance.**

ORGANIZE

COLLABORATE