

PLAN STUDIÓW - kierunek WYCHOWANIE FIZYCZNE - studia stacjonarne pierwszego stopnia, zatwierdzony Uchwałą Rady Wydziału WF z dnia 10.10.2017r.

| Kod | Przedmiot | Wymiar godzin | | | Liczba ECTS | 1 rok | | | 2 rok | | | 3 rok | | | Forma zaliczenia przedmiotu | | | | | | | | | | | | | | |
|--|---|--------------------|------|--------|-------------|----------------|-----|------|----------------|-----|------|----------------|-----|------|-----------------------------|-----|------|----------------|-----|------|----------------|-----|------|------------|---------|---|-----------------|-------------|----|
| | | W | Cw | Ogółem | | 1 sem./15 tyg. | | | 2 sem./15 tyg. | | | 3 sem./15 tyg. | | | 4 sem./15 tyg. | | | 5 sem./15 tyg. | | | 6 sem./15 tyg. | | | Zaliczenie | Egzamin | | | | |
| | | | | | | W | Cw | ECTS | W | Cw | ECTS | W | Cw | ECTS | W | Cw | ECTS | W | Cw | ECTS | W | Cw | ECTS | | | W | Cw | ECTS | |
| PRZEDMIOTY OGÓLNE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Jezyk obcy* | 0 | 120 | 120 | 8 | | | | | | | | | | | | | | | | | | | | | | Zo3 Zo4 Zo5 Zo6 | E6 | |
| 2 | Podstawy informatyki i techn. inform. | 15 | 30 | 45 | 5 | | | | | | | | | | | | | | | | | | | | | | Zo4 | | |
| RAZEM: 1 - 2 | | 15 | 150 | 165 | 13 | | | | | | | | | | | | | | | | | | | | | | | | |
| PRZEDMIOTY PODSTAWOWE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Anatomia | 15 | 45 | 60 | 6 | 15 | 30 | 4 | 0 | 15 | 2 | | | | | | | | | | | | | | | | Zo1 Zo2 | E2 | |
| 4 | Antropologia | 15 | 30 | 45 | 3 | | | | | | | 15 | 30 | 3 | | | | | | | | | | | | | Zo3 | E3 | |
| 5 | Biochemia | 15 | 30 | 45 | 3 | 15 | 30 | 3 | | | | | | | | | | | | | | | | | | | Zo1 | E1 | |
| 6 | Biologia | 15 | 15 | 30 | 2 | 15 | 15 | 2 | | | | | | | | | | | | | | | | | | | Zo1 | | |
| 7 | Fizjologia człowieka | 30 | 30 | 60 | 5 | | | | | | | 30 | 30 | 5 | | | | | | | | | | | | | Zo3 | E3 | |
| 8 | Pedagogika | 30 | 45 | 75 | 5 | | | | 30 | 45 | 5 | | | | | | | | | | | | | | | | Zo2 | E2 | |
| 9 | Psychologia | 30 | 45 | 75 | 5 | | | | 30 | 45 | 5 | | | | | | | | | | | | | | | | Zo2 | E2 | |
| 10 | Etyka | 15 | 0 | 15 | 2 | 15 | 0 | 2 | | | | | | | | | | | | | | | | | | | Zo1 | | |
| 11 | Teoria wychowania fizycznego | 30 | 30 | 60 | 5 | 30 | 30 | 5 | | | | | | | | | | | | | | | | | | | Zo1 | E1 | |
| RAZEM: 3 - 11 | | 195 | 270 | 465 | 36 | | | | | | | | | | | | | | | | | | | | | | | | |
| PRZEDMIOTY KIERUNKOWE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | Antropomotoryka | 15 | 0 | 15 | 1 | | | | | | | | | | | | | | | | | | | | | | Zo6 | | |
| 13 | Biomechanika | 15 | 30 | 45 | 3 | | | | | | | 15 | 30 | 3 | | | | | | | | | | | | | Zo3 | E3 | |
| 14 | Ćwiczenia kompensacyjno-korekcyjne | 15 | 30 | 45 | 3 | | | | | | | 15 | 30 | 3 | | | | | | | | | | | | | Zo3 | | |
| 15 | Edukacja zdrowotna | 15 | 15 | 30 | 3 | | | | | | | 15 | 15 | 3 | | | | | | | | | | | | | Zo3 | E3 | |
| 16 | Emisja głosu | 15 | 15 | 30 | 2 | | | | | | | 15 | 15 | 2 | | | | | | | | | | | | | Zo3 | | |
| 17 | Historia kultury fizycznej | 15 | 30 | 45 | 3 | 15 | 30 | 3 | | | | | | | | | | | | | | | | | | | Zo1 | E1 | |
| 18 | Metodyka wychowania fizycznego | 30 | 45 | 75 | 6 | | | | | | | | | | 30 | 45 | 6 | | | | | | | | | | Zo4 | E4 | |
| 19 | Organizacja i prawo w oświacie | 15 | 30 | 45 | 3 | 15 | 30 | 3 | | | | | | | | | | | | | | | | | | | Zo1 | E1 | |
| 20 | Pierwsza pomoc przedmedyczna | 15 | 15 | 30 | 2 | | | | | | | | | | 15 | 15 | 2 | | | | | | | | | | Zo4 | | |
| 21 | Rytmika i taniec | 0 | 30 | 30 | 2 | 0 | 30 | 2 | | | | | | | | | | | | | | | | | | | Zo1 | | |
| 22 | Metodyka gimnastyki | 10 | 60 | 70 | 6 | 0 | 30 | 2 | 10 | 30 | 4 | | | | | | | | | | | | | | | | Zo1 Zo2 | E2 | |
| 23 | Metodyka pływania | 10 | 45 | 55 | 5 | 0 | 30 | 2 | 10 | 15 | 3 | | | | | | | | | | | | | | | | Zo1 Zo2 | E2 | |
| 24 | Metodyka lekkoatletyki | 10 | 70 | 80 | 6 | | | | 0 | 30 | 2 | 0 | 30 | 2 | 10 | 10 | 2 | | | | | | | | | | | Zo2 Zo3 Zo4 | E4 |
| 25 | Metodyka sportów walki | 10 | 50 | 60 | 5 | | | | | | | 0 | 10 | 1 | 0 | 20 | 2 | | | | | | 10 | 20 | 2 | | Zo3 Zo4 Zo6 | | |
| 26 | Metodyka tenisa | 0 | 15 | 15 | 1 | | | | | | | | | | 0 | 15 | 1 | | | | | | | | | | Zo4 | | |
| 27 | Teoria i metodyka gier zespołowych | 30 | 0 | 30 | 4 | | | | | | | | | | 30 | 0 | 4 | | | | | | | | | | Z4 | E4 | |
| 28 | Metodyka koszykówki | 0 | 30 | 30 | 2 | 0 | 30 | 2 | | | | | | | | | | | | | | | | | | | Zo1 | | |
| 29 | Metodyka piłki siatkowej | 0 | 30 | 30 | 2 | | | | 0 | 30 | 2 | | | | | | | | | | | | | | | | | Zo2 | |
| 30 | Metodyka piłki ręcznej | 0 | 30 | 30 | 2 | | | | | | | 0 | 30 | 2 | | | | | | | | | | | | | | Zo3 | |
| 31 | Metodyka piłki nożnej | 0 | 30 | 30 | 2 | | | | | | | | | | 0 | 30 | 2 | | | | | | | | | | | Zo4 | |
| 32 | Teoria sportu | 15 | 30 | 45 | 4 | | | | | | | | | | | | | 15 | 30 | 4 | | | | | | | Zo5 | E5 | |
| 33 | Zabawy i gry ruchowe | 0 | 30 | 30 | 2 | | | | 0 | 30 | 2 | | | | | | | | | | | | | | | | | Zo2 | |
| RAZEM: 12 - 33 | | 235 | 660 | 895 | 69 | | | | | | | | | | | | | | | | | | | | | | | | |
| PRZEDMIOTY DO WYBORU** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 34 | Humanistyczno-społeczne | 15 | 15 | 30 | 3 | | | | | | | | | | | | | 15 | 15 | 3 | | | | | | | Zo5 | | |
| 35 | Biologiczno-przyrodnicze | 15 | 15 | 30 | 3 | | | | | | | | | 15 | 15 | 3 | | | | | | | | | | | Zo4 | | |
| 36 | Kierunkowe | 15 | 15 | 30 | 3 | | | | | | | | | | | | | | | | | 15 | 15 | 3 | | | Zo6 | | |
| 37 | Sporty zespołowe | 0 | 30 | 30 | 3 | | | | | | | | | | | | | 0 | 30 | 3 | | | | | | | Zo5 | | |
| 38 | Sporty indywidualne | 0 | 30 | 30 | 3 | | | | | | | | | | | | | | | | | 0 | 30 | 3 | | | Zo6 | | |
| RAZEM: 34 - 38 | | 45 | 105 | 150 | 15 | | | | | | | | | | | | | | | | | | | | | | | | |
| OBOZY: | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| A. | Letni* | 0 | 85 | 85 | 5 | | | | 0 | 85 | 5 | | | | | | | | | | | | | | | | | Zo2 | |
| B. | Zimowy* | 0 | 58 | 58 | 4 | | | | | 58 | 4 | | | | | | | | | | | | | | | | | Zo3 | |
| RAZEM: 39A-39B | | 0 | 143 | 143 | 9 | | | | | | | | | | | | | | | | | | | | | | | | |
| 40 | Specjalizacje uczelniane/instruktorskie** | 45 | 60 | 105 | 12 | | | | | | | | | | 30 | 30 | 6 | 15 | 30 | 6 | | | | | | | Zo5 Zo6 | E6 | |
| 41 | Seminarium dyplomowe* | 30 | 0 | 30 | 4 | | | | | | | | | 10 | 0 | 1 | 10 | 0 | 1 | 10 | 0 | 2 | | | | | Zo4 Zo5 Zo6 | | |
| 42 | Praca dyplomowa* | | | | 7 | | | | | | | | | | | | | | | | | | | | | | | Z5 Z6 | E6 |
| 43 | Praktyki pedagogiczne | | | | 180 | | | | | | | 30 | 3 | | | | | | 150 | 12 | | | | | | | | Zo3 Zo5 | |
| RAZEM: 40-43 | | 75 | 60 | 315 | 38 | | | | | | | | | | | | | | | | | | | | | | | | |
| RAZEM: 1 - 43 | | 565 | 1388 | 2133 | 180 | 120 | 285 | 30 | 80 | 325 | 30 | 105 | 308 | 33 | 125 | 210 | 30 | 70 | 135 | 32 | 65 | 125 | 25 | | | | | | |
| Z- zaliczenie, Zo - zaliczenie na ocenę, E - egzamin | | EGZAMINY - RAZEM | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| *Przedmioty do wyboru | | ZALICZENIA - RAZEM | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**Przedmioty do wyboru i specjalizacje są uruchamiane przy liczbie osób określonej Zarządzeniem Rektora AWF.

Oferta przedmiotów do wyboru i specjalizacji jest aktualizowana na każdy rok akademicki.