

## Subject: Natural Conditions of Tourism and Recreation

### GENERAL INFORMATION

<b>Organization unit</b>	Faculty of Physical Education Chair of: Department of Tourism and Recreation Chairman: prof. Paweł Tomaszewski
<b>Course name</b>	Natural Conditions of Tourism and Recreation
<b>Subject code</b>	TIRI -12
<b>Teaching language</b>	English
<b>Type of subject (obligatory/ facultative)</b>	obligatory
<b>Level of studies (eg. bachelor, master)</b>	bachelor
<b>Study year</b>	1
<b>Semester</b>	1
<b>ECTS points</b>	3
<b>Professor</b>	Dr Katarzyna Dzioban
<b>Studies program in which the subject is realized</b>	Tourism and Recreation
<b>Method of realization (stationary/ distance learning)</b>	stationary
<b>Prerequisites</b>	---

### DETAILED INFORMATION

#### Course aims and objectives

The aim of the course is to present the relationship between the natural environment and the development of tourism and recreation, and to develop skills necessary for assessing natural assets in terms of their usability for tourism and recreational activities, while taking into account environmental protection and principles of sustainable development.

#### Main topics

No	Topic
<b>Lectures/classes</b>	
1.	The natural environment as a basis for tourism and recreation.
2.	Landscape and its tourism valorisation.

3.	Climatic conditions and seasonality in tourism. Climate change and its implications for tourism and recreation
4.	Lakes, rivers and water bodies – their role in tourism and recreation. Forests, mountains, coastal and desert areas as recreational spaces.
5.	Forms of nature protection in Poland and worldwide. Biodiversity and its significance for tourism attractiveness.
6.	Positive and negative impacts of tourism on the environment.
7.	Principles of sustainable tourism development.
8.	Analysis of selected natural areas in terms of their tourism potential., Working with maps – landscape valorisation.
9.	Assessing the impact of tourism infrastructure on the environment.
10.	Fieldwork: documentation of natural features in a selected area. Development of a project proposing tourism development in line with environmental protection principles.

#### CONDITIONS FOR PASSING CLASSES:

Completion of in-class workshops/presentation  
Active participation during classes  
Passing grade in written tests

**1 ECTS point = 25 hours students work (contact + self study)**

TYPES OF CLASSES	HOURS
1. Contact classes	45
2. Students' preparations of the presentations	10
3. Self study as preparation to the written exam	10
4. Self study as reading text prepared by the teacher	10
<b>Total = 75 hours - ECTS points 3</b>	

<b>Author of the class card:</b>	<b>Name, surname and email</b>
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