

CLASS CARD**DANCING**

Basic classes	Code in the study plan	ECTS
Dancing	WFI-17	2

Education profile	Physical Education
Faculty and field of study	Faculty of Physical Education
Studies program in which the subject is realized	Physical Education
Professor's name	Agnieszka Dąbrowska-Farbiś
Level of studies (eg. bachelor, master)	bachelor
Study year and semester	I year I semester
Language	English
Method of realization (stationary/ distance learning)	stationary
Lectures/classes hours	0/30
Form of passing classes	pass
Type of subject (obligatory/ facultative)	facultative
Prerequisites	none

DETAILED INFORMATION**Course aims and objectives**

A1	To know several rhythm structures in polish nationals and regionals dance
A2	To know basic steps of national and regional polish dances
A3	To know how to teach basic steps of polish dances and conducting dances in various conditions, with different social and age groups.

LEARNING OUTCOMES IN KNOWLEDGE, SKILLS AND SOCIAL COMPETENCES FOR CLASSES

Learning outcome	Subject's learning outcomes
KNOWLEDGE	
A1,A2,A3	Student knows and understands the principles of conducting national and folk dances, knows the principles of selecting appropriate dances and musical and movement exercises for the age and abilities of the participants
A1	Student knows knows national and folk dances constituting the heritage of national culture

A1, A2, A3	Student understands the principles of the structure of a musical piece and its use in the arrangement
SKILLS	
A2, A3	Student is able to use acquired skills to work with kids and adults
A3	Student can plan and organize simple lessons with kids and adults to the music
SOCIAL COMPETENCES	
A2, A3	Student will be willing to use dance as simple and attractive form of recreation and socialization

SUBJECT PROGRAM CONTENT DIVISION BY FORMS OF IMPLEMENTATION

FORM OF CLASSES – LECTURE - subject		Reference to subject-specific learning outcomes
FORM OF CLASSES – CLASSES – subject		Reference to subject-specific learning outcomes
Term 1	Practical classes	Practical test, observation, expert assessment

PLANNED METHODS/FORMS/TEACHING MEANS

Program content	Teaching methods/forms
Classes: term 1	Practical classes
Teaching resources: piano/ audio equipment, microphones, mirrors	

METHODS OF VERIFYING THE EXPECTED LEARNING OUTCOMES ACHIEVED BY THE STUDENT

Learning outcomes for classes	Assessment methods
P_W01,02,03; P_U01,02; P_K01,02	Practical test, observation, expert assessment

CONDITIONS FOR PASSING CLASSES:

The condition for admission to the credit is attendance at classes. The obligation to make up all arrears resulting from absence from classes. The credit for the grade includes practical tests. Practical tests verify technical skills, coordination and memory capabilities. The condition for obtaining a positive final grade is obtaining at least satisfactory grades from all credits. In the case of excused absence, it is possible to take the practical test at another time or during consultations.

SAMPLE ASSESSMENT/EXAMINATION TOPICS

1. Ability to distinguish rhythm, start dancing at the right moment in the music, knowledge of terms such as: note, quarter note, eighth note, bar
2. Ability to correctly perform basic krakowiak steps, i.e.: cwał, hołubce, krzesany step combined into a dance arrangement
3. Ability to correctly perform basic polka steps, i.e.: polka forward, polka to the side, polka turns in pairs, regional polka elements combined into dance arrangements.
4. Knowledge of simple regional dances based on polka steps
5. Knowledge of national dances
6. Ability to correctly perform the walking step and basic polonaise, knowledge of pair and group figures and at least two types of holding in a pair
7. Ability to correctly perform basic folk waltz steps, i.e.: swing step forward and backward, to the side, waltz turns in pairs.

ENGLISH BIBLIOGRAPHY

Basic	non
Additional	non

SELF STUDY

Full-time studies		Type of activity
Number of hours to complete the activity	ECTS	
20	0,8	developing one's own skills/improving technical skills. Prepare to pass class

Number of ECTS points that a student obtains in classes developing practical skills: 1,2

Author of the class card:	Name, surname and email
Date:	Agnieszka Dąbrowska-Farbiś