

## Subject: Anatomy palpation

### I. General information

<b>Organization unit</b>	Faculty of Rehabilitation Chair: Rehabilitation Supervisor: prof. Aleksandra Truszczyńska - Baszak
<b>Course name</b>	Anatomy Palpation
<b>Subject code</b>	FV - 03
<b>Teaching language</b>	English
<b>Type of subject (obligatory/ facultative)</b>	facultative
<b>Level of studies (eg. bachelor, master)</b>	bachelor
<b>Study year</b>	2
<b>Semester</b>	3, 4
<b>ECTS points</b>	2
<b>Teacher</b>	Agnieszka Wójcik
<b>Studies program in which the subject is realized</b>	PHYSIOTHERAPY
<b>Method of realization (stationary/ distance learning)</b>	Stationary
<b>Prerequisites</b>	Knowledge about anatomy, physiology, kinesiology

### II. Detailed Information

#### Course aims and objectives

A1	Broadening knowledge in the field of topographical anatomy on a live human.
A2	Knowledge and application of palpation examination techniques.
A3	Understanding and applying the principles of communication with the patient in the case of palpation.

**Learning outcomes**

Learning outcome	Subject's learning outcomes
<b>Knowledge</b>	
K_W01	<ul style="list-style-type: none"> <li>• Basic knowledge of topographical anatomy on a live human.</li> </ul>
<b>Skills</b>	
K_U04	<ul style="list-style-type: none"> <li>• Ability to communicate with the patient in the palpation examination</li> </ul>
K_U06	<ul style="list-style-type: none"> <li>• Basic skills in the use of palpation examination techniques.</li> </ul>
<b>Social Competences</b>	
K_K02	<ul style="list-style-type: none"> <li>• Student is able to self-assess the level of his knowledge in the field of topographical anatomy on a living human.</li> <li>• The student is able to self-assess the level of his knowledge and skills in the field of palpation</li> <li>• The student is able to self-assess the level of his knowledge and skills in communication with the patient in a clinical trial</li> </ul>

**Syllabus contents**

No	Title
<b>Classes/ Practical classes</b>	
SC1	Introduction to the general principles of palpation. General principles that explain how to palpate are then presented.
SC2-10	Topographical presentation and palpation of shoulder girdle and upper limb
SC11	General rules: what is the palpation, how to palpate, when do we palpate, body mechanics for the Therapist.
SC12-20	Topographical presentation and palpation of the pelvic girdle and lower limb

**1 ECTS point = 30 hours students work (contact + self study)**

TYPES OF CLASSES	HOURS
Contact hours	30
Self study	30
<b>Total = 60 hours = 2 ECTS</b>	