# Subject: Physiotherapy in Surgery

# I. General information

Organization unit	Faculty of Rehabilitation		
	Chair of Movement Teaching		
	Supervisor: Prof. Edyta Smolis-Bąk		
Course name	Physiotherapy in Surgery		
Subject code	FV-80		
Teaching language	English		
Type of subject (obligatory/ facultative)	obligatory		
Level of studies	master (linear)		
Study year	3		
Semester	6		
ECTS points	2		
Teacher/ e-mail	Piotr Czyżewski, PhD <u>panpiotr@o2.pl</u> piotr.czyzewski@awf.edu.pl		
Studies program in which the subject is realized	Physiotherapy		
Method of realization (stationary/ distance learning)	Stationary		
Prerequisites	Knowledge about anatomy, physiology, kinesiology, biomechanics, general physiotherapy		

# II. Detailed Information

### Course aims and objectives

A1	Goals and methods physiotherapy in surgery department, , postoperative complications.	
A2	Postoperative functional status, elderly people after surgery.	
A3	Physiotherapy in vascular diseases. Peripheral arterial occlusive disease, chronic vein	
	insufficiency.	
A4	Physiotherapy after amputation – early period.	

#### Learning outcomes

Learning outcome	Subject's learning outcomes
Knowled	
In terms of knowledge, the graduate knows and	Knowledge about physiotherapy methods in
understands:	general surgery (pre- and postoperative).
O.W5 mechanism of the physical factors impact on	Knowledge about prevention postoperative
the human body and the physical treatments impact	complications.
on the treatment of people with various diseases and	Consecutive treatment vascular diseases.
dysfunctions, including the elderly, in various	Amputation types, methods and levels .
conditions;	Assessment of functional status and
O.W7 indications for providing physiotherapy in	complications risk factors, after major
certain medical conditions;	abdominal surgery .
D.W4 principles of diagnosis and general principles	Functional diagnostic of intermittent
and methods of treatment in the most common	claudication.
diseases in the area of: cardiology and cardiac	Functional assessment after amputation.
surgery, pulmonology, surgery, gynaecology and	
obstetrics, geriatrics, psychiatry, intensive care,	
oncology and palliative medicine, to the extent that	
allows rational use of physiotherapy;	
Skills	
In terms of skills, the graduate can:	Postoperative early mobilization methods.
O.U3create, verify and modify physiotherapy	Exercises for prevention postoperative
programs for people with various dysfunctions,	complication.
including the elderly, according to their clinical and	Peripheral arterial occlusive disease - rules
functional condition, as well as a part of a	of training.
comprehensive rehabilitation process;	Compressive therapy and exercises in
O.U4 control the effects of physiotherapy;	chronic vein insufficiency.
D.U5 select - depending on the clinical and functional	Physiotherapy in early period after
condition of the patient - and perform physiotherapy	amputation.
procedures for planned amputations (pre and post-	Basic skills in prosthetic methods.
operative management) and traumatic amputations,	
teach how to walk in prosthesis, post-operative of	
the upper limbs management, including instructions	
in the area of prosthesis use;	
D.U37 plan, select - depending on the clinical and	
functional patient condition - and perform	
physiotherapeutic procedures on patients with	
functional and organic peripheral vascular disease	
and in patients after amputation for vascular causes;	
D.U38implement a strategy for early patient	
activation after abdominal or thoracic surgery,	
physiotherapeutic procedures to relax the lungs and	
facilitate bronchial cleansing, instruct in the	
prevention of early and late postoperative	

complications and give recommendations on		
postoperative outpatient physiotherapy;		
Social Competences		
In terms of social competence, the graduate is ready	Cooperation with surgeon, anesthesiologist,	
to:	nurse and other physiotherapists.	
O.K1 establish and maintain respectful contact with		
the patient, as well as to show understanding of		
ideological and cultural differences;		

### Syllabus contents

No	Title	
Classes/ Practical classes		
SC1	Physiotherapy in general surgery	
SC2	Physiotherapy in vascular surgery	
SC3	Physiotherapy after amputation	

### Assessment criterion

Local grade	Grade	Criteria
5	Α	90% of knowledge and skills
4,5	В	85% of knowledge and skills
4	С	80% of knowledge and skills
3,5	D	70% of knowledge and skills
3	E	60% of knowledge and skills
2	F	< 60% of knowledge and skills

# 1ECTS point = 30 hours students work (contact + self study)

TYPES OF CLASSES	HOURS	
Contact hours	22,5	
Self study	20	
Total = 42,5hours = 2ECTS		