

**Subject: Sociology****I. General information**

<b>Organization unit</b>	Faculty of Physical Education Department of Humanities and Social Sciences Supervisor: prof. Michał Lenartowicz
<b>Course name</b>	Sociology
<b>Subject code</b>	6/1/II/PE
<b>Teaching language</b>	English
<b>Type of subject (obligatory/ facultative)</b>	Obligatory
<b>Level of studies</b>	Master
<b>Study year</b>	I
<b>Semester</b>	I
<b>ECTS points</b>	3
<b>Teacher/ e-mail</b>	Dr Michał Jasny/ michal.jasny@awf.edu.pl
<b>Studies program in which the subject is realized</b>	PHYSICAL EDUCATION
<b>Method of realization (stationary/ distance learning)</b>	Stationary
<b>Prerequisites</b>	Basic knowledge about society in scope of the high school program

**II. Detailed Information****Course aims and objectives**

A1	Expanding knowledge about basic concepts and theories occurring in sociology
A2	Assistance in understanding and studying social reality, explaining social phenomena and mechanisms regulating social and cultural order
A3	Learning to work in a group, share duties and responsibility for the task entrusted during the implementation of a scientific and social project

**Learning outcomes**

Learning outcome	Subject's learning outcomes
<b>Knowledge</b>	
K_W06 Knows elementary phenomena and social processes that affect sport, physical education, health and physical activity. Recognizes the most important categories of social reality description, knows the importance of social and cultural determinants of participation in sport and movement recreation.	Knowledge about the subject of sociological research and issues undertaken within this discipline.
K_W06 Knows elementary phenomena and social processes that affect sport, physical education, health and physical activity. Recognizes the most important categories of social reality description, knows the importance of social and cultural determinants of participation in sport and movement recreation.	Knowledge about the most important terms and main categories describing and explaining social reality.
K_W06 Knows elementary phenomena and social processes that affect sport, physical education, health and physical activity. Recognizes the most important categories of social reality description, knows the importance of social and cultural determinants of participation in sport and movement recreation. K_W02 Knows and understands basic ethical problems and comprehends the biological and cultural concepts of man. Knows and understands general history of thoughts, ideas and philosophical views related to sport (physical culture).	Knowledge about contemporary social and cultural differences and inequities.
K_W06 Knows elementary phenomena and social processes that affect sport, physical education, health and physical activity. Recognizes the most important categories of social reality description, knows the importance of social and cultural determinants of participation in sport and movement recreation.	Knowledge about modern social and cultural conditions, including global and local processes and phenomena that shape everyday social practice.
<b>Skills</b>	
K_U07 Ability to create basic research tools based on recognised methods applied in social research. Ability to perform an environment and group diagnosis. Ability to interpret social facts related to sports in an	The ability to use the sociological language in academic discourse and to comment on social reality.

independent way (physical culture).	
<p>K_U07 Ability to create basic research tools based on recognised methods applied in social research. Ability to perform an environment and group diagnosis. Ability to interpret social facts related to sports in an independent way (physical culture).</p> <p>K_U04 Ability to create projects and plans of own professional development and select or devise teaching programs. Ability to measure the quality of the functioning of diverse organizations and institutions, including educational ones. Ability to make use of values related to sport (physical culture), Olympism and health in physical education and the prevention of social pathologies.</p> <p>K_U15 Ability to make use of educational aspects of health promotion and physical activity in preventing negative social behaviours.</p>	<p>The ability to correctly interpret the causes, course and consequences of social phenomena and processes in the context of microsociology, mezosociology and macrosociology.</p>
<p>K_U07 Ability to create basic research tools based on recognised methods applied in social research. Ability to perform an environment and group diagnosis. Ability to interpret social facts related to sports in an independent way (physical culture).</p> <p>K_U04 Ability to create projects and plans of own professional development and select or devise teaching programs. Ability to measure the quality of the functioning of diverse organizations and institutions, including educational ones. Ability to make use of values related to sport (physical culture), Olympism and health in physical education and the prevention of social pathologies.</p> <p>K_U15 Ability to make use of educational aspects of health promotion and physical activity in preventing negative social behaviours.</p>	<p>The ability to analyze behavior at the level of an individual and a social group in sociological terms.</p>
<b>Social Competences</b>	
<p>K_K05 Ability to express his opinions in a persuasive way, can negotiate effectively and use basic communication techniques.</p>	<p>Skills of convincing expression, effective negotiation and use of basic communication techniques.</p>
<p>K_K06 Ability to establish social relations in the desired manner making effective use of</p>	<p>The ability to establish social relations in a proper way, using available communication</p>

available communication channels with individuals and social groups.	channels.
K_K10 Ability of independent and critical complementing of own knowledge and skills. Use of interdisciplinary approach to the field of specialisation during the execution of assigned tasks.	The ability to independently obtain the necessary information and to distinguish scientific knowledge from colloquial knowledge.
K_K06 Ability to establish social relations in the desired manner making effective use of available communication channels with individuals and social groups.	The ability to see your own place in social stratification.
K_K06 Ability to establish social relations in the desired manner making effective use of available communication channels with individuals and social groups.	Skills of perceiving the complexity of socio-cultural reality and tolerance for differences and using them in communication.

### Syllabus contents

No	Title
<b>Classes/Practical classes</b>	
SC 1	The development of sociology and its most important paradigms
SC 2-3	Social differences and inequalities
SC 4	Social interactions in everyday life
SC 5-6	Theories of globalization, glocalization and the local community
SC 7	Socialization
SC 8	Family as a basic social institution
SC 9	Social group as a reference point
SC 10-11	Mass culture and new media
SC 12-13	The social dimension of commercialization and consumption
SC 14-15	Test

### Assessment criterion

Local grade	Grade	Criteria
<b>5</b>	<b>A</b>	Presentation and adequate result of the test (according to requirements)
<b>4,5</b>	<b>B</b>	Presentation and adequate result of the test (according to requirements)
<b>4</b>	<b>C</b>	Presentation and adequate result of the test (according to requirements)
<b>3,5</b>	<b>D</b>	Presentation and adequate result of the test (according to requirements)
<b>3</b>	<b>E</b>	Presentation and adequate result of the test (according to requirements)
<b>2</b>	<b>F</b>	Lack of presentation and insufficient result of the test (according to requirements)

**Obligatory literature**

Bennett T., Watson D. (ed.) (2002), *Understanding Everyday Life*, Oxford, Blackwell.

Bottero W. (2004), *Stratification. Social Division and Inequality*, London, Routledge.

Giddens A. (2009), *Sociology*, 6th edition, Cambridge, Polity Press.

Newman D.M., Grauerholz E. (2002), *Sociology of Families*, London, Sage Publications.

Thompson J.B. (1995) *The Media and Modernity: A Social Theory of the Media*, Stanford University Press.

Waters M. (2001), *Globalization*, London, Routledge.

**1 ECTS point = 30 hours students work (contact + self study)**

TYPES OF CLASSES	HOURS
Contact hours	30
Self study	60
<b>Total = 90 hours = 3 ECTS</b>	