

Subject: Trip to the spa

I. General information

Organization unit	Faculty of Physical Education Chair: Department of Tourism and Recreation Supervisor:
Course name	Trip to the spa
Subject code	59B/4/I/Tr
Teaching language	English
Type of subject (obligatory/ facultative)	Obligatory
Level of studies (eg. bachelor, master)	Bachelor
Study year	2
Semester	4
ECTS points	1
Teacher	
Studies program in which the subject is realized	Faculty of Physical Education, 1st degree studies, Department of Tourism and Recreation, specialization: Tourism and Hospitality
Method of realization (stationary/ distance learning)	Stationary
Prerequisites	The basics of knowledge about the attractiveness for the needs of spa treatment of the tourist regions of the country, health education and health promotion, tourism of the disabled, recreation of the disabled.

II. Detailed Information

Course aims and objectives

A1	It is to familiarize students with the activities and functioning of the statutory spa.
A2	Is to familiarize students with the spatial development of the spa in three development zones: A, B, C.
A3	It is to familiarize students with the principles of the functioning of spa treatment facilities (spa hospital, sanatorium, spa clinic, health resort).
A4	It is to familiarize students with devices for spa treatment (spa pump rooms, graduation

	towers, parks, section of the sea coast, underground mine excavation) and commonly known medicinal raw materials and their use in spa facilities.
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Learning outcomes

Learning outcome	Subject's learning outcomes
Knowledge	
K_W21	Has the basic knowledge of intellectual property protection.
Skills	
K_U01	The graduate is able to organise tourist and recreational projects adjusted to participants' specified conditions, interests and needs.
K_U17	Is able to express his or her opinions on topics related to a career in tourism and recreation with the use of terminology appropriate to the discussed issues.
Social Competences	
K_K03	The graduate thinks and acts resourcefully.
K_K04	Cooperates and works in a team, taking various roles.

Syllabus contents

No	Title
Classes/ Practical classes	
1.	A brief history of the establishment and founding of the Konstancin Spa. The most important tourist attractions in the Konstancin Spa.
2.	Development zones of the Konstancin Spa area: A, B, C. Natural factors conditioning the functioning of the spa.
3.	Spa infrastructure: administrative facilities, spa facilities, hotel and recreational facilities, spa facilities.
4.	Therapeutic profiles offered by the spa: physical therapy services, kinesitherapy services and others.

1 ECTS point = 30 hours students work (contact + self study)

TYPES OF CLASSES	HOURS
Contact hours - exercises	6
Contact hours - consultations	6
Work with literature	4
Preparing oral presentations	12
Preparation to pass	2
Total = 30 hours = 1 ECTS	