

Subject: Recreation for disabled

I. General information

Organization unit	Faculty of Physical Education Chair: Tourism and Recreation Supervisor:
Course name	Tourism/Recreation for disabled
Subject code	24/3/I/T
Teaching language	English
Type of subject (obligatory/ facultative)	obligatory
Level of studies (eg. bachelor, master)	master
Study year	2
Semester	I
ECTS points	3
Teacher	
Studies program in which the subject is realized	Tourism and Recreation
Method of realization (stationary/ distance learning)	Stationary
Prerequisites	Knowledge of the theory and methodology of tourism (including the selection of groups, forms of implementation of classes, methods of working with a group).

II. Detailed Information

Course aims and objectives

A1	preparing projects to develop their social skills and competences, using available information techniques; ability to work (activities) in a team
A2	the ability to organize the tasks performed according to the degree of their importance from the point of view of achieving the assumed goal of a systematic and orderly approach to the tasks entrusted, formulating and delivering opinions related to tourism of disabled people and defending their own and proposals

A3	the ability to use knowledge about the behavior of clients of tourist services at work
A4	getting to know the essence of tourism of people with disabilities, concepts related to this sector,
A5	learning about the behavior of clients of tourist services and the principles of their professional and modern service;
A6	understands and diagnoses lifestyle and selected models of pro-health, creational and recreational behaviors undertaken by people and understands cultural conditions of the needs and problems of individuals and social groups
A7	familiarization with the rules of organizing a tourist event addressed to a specific disability
A8	familiarization with the basic problems of participation of people with disabilities in various forms of tourism and bringing them up-to-date knowledge about selected directions of activities activating - physically and socially - people with special needs

Learning outcomes

Learning outcome	Subject's learning outcomes
Knowledge	
K_W02	has the knowledge about the influence of cultural, social and industrial conditions on the size, areas and forms of tourism as well as recreational activity
K_W03	uses the ways and methods of leisure time management for changes in the sphere of human physical and social activity, changes in the consumption model and value system
K_W04	understands the causes and mechanisms of the creation of burdens and psychosomatic disorders; analyzes the possibilities of using physical activity for limiting or eliminating them
K_W05	uses the knowledge of legal regulations; knows legal regulations in the field of tourist and recreational activity and analyzes their impact on business opportunities and protection of the interests of people participating in organized forms of that activity
K_W08	understands the impact of social and civilization changes on the lifestyle of local, regional and other stakeholders
K_W09	has the knowledge about new forms of tourism and recreation
Skills	
K_U07	has the ability to critically analyse and select information from various sources, to draw conclusions and to judge
K_U11	can create innovative, or modify the already existing forms of, events or tourist services, also based on new technology and communication possibilities
Social Competences	
K_K01	The graduate's approach promotes health and physical activity, especially in terms of active rest.
K_K02	He or she recognizes the need to improve knowledge and skills related to active tourism; observes new trends related to recreational behaviour; promotes the development of tourism and recreation
K_K03	acts ethically bearing in mind the risk of violating the common good or personal rights of other people.

Syllabus contents

No	Title
Classes/ Practical classes	
1.	Basic definitions and concepts related to disability. Social, psychological and health

	role of tourism, its links with rehabilitation, revalidation and physical culture. Evolution of views on health, illness and health education. Attitude and attitudes towards disabled people.
2.	Types of disability and characteristics of disability groups. The role of tourism in the lives of people with disabilities. Goals and motives of participation of disabled people in tourism.
3.	The basic forms of tourist activity of disabled people. Rules for conducting classes with people with disabilities.
4.	Barriers to the participation of people with disabilities in tourism.
5.	Tourist offer addressed to particular groups of disabled people.
6.	Programming of tourist and sightseeing events with the participation of the disabled.
7.	Methodology of running tourism and sightseeing events with the participation of the disabled (organization of a tourist and sightseeing event with the participation of the disabled).
8.	Diagnosis of the needs, expectations and preferences of people with disabilities in the tourist offer.
9.	Legal regulations concerning people with disabilities in Poland. State policy towards people with disabilities. Polish system of care for disabled people - organizations promoting and developing tourism for people with disabilities. PFRON - as an example of an organization acting for the benefit of the disabled in Poland (programs and co-financing) - meeting with practitioners

1 ECTS point = 30 hours students work (contact + self study)

TYPES OF CLASSES	HOURS
Contact hours	30
Self study	60
Total = 90 hours = 3 ECTS	