CLASS CARD

BASICS OF ECONOMICS

Basic classes	Code in the study plan	ECTS
BASICS OF ECONOMICS	2	2

Education profile	Practice-oriented profile
Faculty and field of study	Faculty of Physical Education
Studies program in which the	Tourism and Recreation
subject is realized	
Professor's name	Anetta Majchrzak-Jaszczyk
Level of studies (eg. bachelor,	bachelor
master)	
Study year and semester	1/1
Language	English
Method of realization	Stationary
(stationary/ distance learning)	
Lectures/classes hours	15/30
Form of passing classes	Exam
Type of subject	Obligatory
(obligatory/ facultative)	
Prerequisites	No prerequisites

DETAILED INFORMATION Course aims and objectives

C1	To acquire fundamental knowledge of
	economics and develop the ability to
	apply it in practice in the roles of both
	consumer and entrepreneur.
C2	To develop the ability to search for,
	interpret, and effectively use economic
	information in real-life decision-making.
C3	To foster respect for economic and social
	norms relevant to both individual and
	business-related choices.
C4	To develop an entrepreneurial mindset
	and proactive attitude towards economic
	challenges.

LEARNING OUTCOMES IN KNOWLEDGE, SKILLS AND SOCIAL COMPETENCES FOR CLASSES

Learning outcome	Subject's learning outcomes

	KNOWLEDGE
P_W01	Understands basic economic concepts.
P_W02	Understands the functioning of economic mechanisms at both microeconomic and macroeconomic levels.
P_W03	Understands the mutual relationship between tourism and the economy.
P_W04	Understands the economic principles governing consumer behavior.
P_W05	Understands the economic principles governing business behavior.
	SKILLS
P_U01	Is able to identify and analyze basic economic problems at the micro- and macroeconomic level.
P_U02	Is able to interpret economic data and indicators to support decision-making processes.
P_U03	Is able to apply economic reasoning in solving simple practical problems related to consumption, production, and market functioning.
P_U04	Is able to recognize the impact of government policies and economic phenomena on households, businesses, and the tourism sector.
P_U05	Is able to use basic economic tools (e.g. supply and demand analysis, cost–benefit analysis) in real-life scenarios.
	SOCIAL COMPETENCES
P_K01	Is aware of the importance of economic knowledge in everyday decision-making and professional activities.
P_K02	Demonstrates responsibility in using economic information and recognizes the consequences of economic decisions.
P_K03	Shows openness to different economic perspectives and is able to engage in discussion on economic and social issues.
P_K04	Understands the role of entrepreneurship and innovation in economic and social development.
P_K05	Is ready to take an active role as a consumer, employee, or entrepreneur in a changing economic environment.

SUBJECT PROGRAM CONTENT DIVISION BY FORMS OF IMPLEMENTATION

FORM OF CLASSES – LECTURE - subject		Reference to subject- specific learning outcomes
L1	Introduction to Economics – Basic economic concepts: needs, goods, scarcity, choice – The role of economics in everyday life and business	C1, C2, C3
L2-4	The Market Mechanism – Supply, demand, market equilibrium – Elasticity of demand and supply	C1, C2, C3
L5-6	Consumer Behavior – Utility, preferences, and budget constraints – Consumer choice theory	C1, C2, C3
L7	Theory of the Firm - Production and costs - Types of market structures: perfect competition, monopoly, oligopoly	C1, C2, C3, C4
L8	Market Failures and the Role of Government - Externalities, public goods, regulation	C1, C2, C3
FORM OF CLASSES – CLAS	SSES – subject	Reference to subject- specific learning outcomes
C1	Identifying Economic Choices Students learn to recognize economic problems and make rational choices under conditions of scarcity. They practice analyzing trade-offs and opportunity costs in everyday and business contexts.	C1, C2, C3
C2-5	Market Analysis in Practice Students develop skills in interpreting and drawing supply and demand curves. They learn how to assess the effects of price changes and calculate elasticity in	C1, C2, C3

	practical market situations,	
	particularly in tourism and	
	services.	
00.7		04 00 00
C6-7	Consumer Behavior in	C1, C2, C3
	Practice	
	Students solve tasks related	
	to consumer equilibrium,	
	applying the concepts of	
	utility and budget	
	constraints. They practice	
	budgeting, evaluating offers,	
	and identifying factors	
	influencing purchasing	
	decisions.	
C8-9	Costs and Revenues of a	C1, C2, C3, C4
	Business	
	Students learn to calculate	
	fixed and variable costs,	
	revenues, and profit. They	
	gain the ability to conduct	
	break-even analysis and	
	assess basic financial	
	viability of small business	
	ventures.	
C10	Competition in the Market	C1, C2, C3, C4
	Students analyze different	01, 02, 00, 01
	market structures using real-	
	life case studies. Through	
	simulations and role-play,	
	they make pricing and	
	strategic decisions based on	
	market type (e.g., perfect	
	competition, monopoly).	
C11-13	Key Macroeconomic	C1, C2, C3
	Indicators	01, 02, 00
	Students learn to find,	
	interpret, and compare basic	
	macroeconomic indicators	
	(GDP, inflation,	
	unemployment). They use	
	official statistical sources	
	(e.g., GUS, Eurostat) to	
	analyze current economic	
	conditions.	
C14	Business Cycle and	C1, C2, C3
	Economic Growth	01,02,00
	Students recognize the	
	phases of the business cycle	
	and assess their impact on	
	businesses and the tourism	
	sector. They participate in	
	sector, mey participate in	

	discussions and practical	
	scenarios reflecting real	
	economic fluctuations.	
C15	Money and Banking	C1, C2, C3
	Students learn to identify	
	different forms and functions	
	of money. They compare	
	interest rates and inflation	
	rates, and assess how these	
	factors influence saving and	
	borrowing decisions in	
	personal finance.	

PLANNED METHODS/FORMS/TEACHING MEANS

Program content	Teaching methods/forms	
L1-8	Informative lecture, interactive lecture with	
	discussion elements, Classroom-based	
	lecture with visual aids	
C1-15	Practical exercises, problem Individual and	
	group work on tasks, analysis of practical	
	problems, guided discussion-based learning,	
	case studies, group work,	
Teaching resources: Multimedia presentation (PowerPoint), projector, whiteboard,		
Worksheets with exercises, task sheets, calculators, online economic data sources (e.g. GUS,		
Eurostat)		

METHODS OF VERIFYING THE EXPECTED LEARNING OUTCOMES ACHIEVED BY THE STUDENT

Learning outcomes for classes	Assessment methods	
P_W01, P_W02, P_W03, P_W04, P_W05	Final written exam	
P_U01, P_U02, P_U03, P_U04, P_U05	Practical exercises during classes	
P_K01, P_K02, P_K03, P_K04, P_K05	Observation of class participation and	
	teamwork, Group presentations or short	
	oral reports	

CONDITIONS FOR PASSING CLASSES:

To pass the course, students are required to:

- 1. Attend and actively participate in classes, including group work and discussions.
- 2. Complete practical exercises during the semester, demonstrating the ability to apply economic knowledge to real-life situations.
- 3. Deliver a short group presentation or actively participate in a discussion, showing understanding of basic economic issues and social competences.

4. Pass the final written exam, verifying knowledge of micro- and macroeconomic concepts covered during the course.

The course focuses on practical understanding and real-world application of economics. Students are encouraged to actively participate, ask questions, and work collaboratively. Regular attendance and engagement will significantly support success in the course.

SAMPLE ASSESSMENT/EXAMINATION TOPICS

- 1. Which of the following best describes the concept of opportunity cost?
 - A. The money spent on producing goods and services
 - B. The value of the next best alternative foregone
 - C. The profit made from selling a product
 - D. The cost of raw materials used in production

Correct answer: B

- 2. What happens when the price of a normal good increases, assuming all other factors remain constant?
 - A. Demand for the good increases
 - B. Supply of the good decreases
 - C. Quantity demanded decreases
 - D. Quantity supplied decreases

Correct answer: C

- **3.** Which market structure is characterized by many sellers, homogeneous products, and free market entry?
 - A. Monopoly
 - B. Oligopoly
 - C. Monopolistic competition
 - D. Perfect competition

Correct answer: D

ENGLISH BIBLIOGRAPHY

Basic	Mankiw, N. G. (2020). Principles of
	Economics (9th ed.). Cengage Learning.
	Begg, D., & Vernasca, G. (2020). Economics
	(12th ed.). McGraw-Hill Education.
Additional	Sloman, J., Garratt, D. (2022). Economics for
	Business (8th ed.). Pearson.
	Krugman, P., & Wells, R. (2018).
	Microeconomics (5th ed.). Worth Publishers.
	Parkin, M. (2019). <i>Economics</i> (12th ed.).
	Pearson.

SELF STUDY

Full-time studies	

Number of hours to complete the activity	ECTS	Type of activity
45	1,8	Lecture and classes
5	0,2	Self-study

Number of ECTS points that a student obtains in classes developing practical skills: 1,2

Author of the class card:	Name, surname and email	
Date: 29.03.2025	Anetta Majchrzak-Jaszczyk	