

**Subject:** History of tourism and recreation

**I. General information**

<b>Organization unit</b>	Faculty of Physical Education Chair of humanities sciences Supervisor:
<b>Course name</b>	History of tourism and recreation
<b>Subject code</b>	20/1/I/T
<b>Teaching language</b>	English
<b>Type of subject (obligatory/ facultative)</b>	obligatory
<b>Level of studies (eg. bachelor, master)</b>	bachelor
<b>Study year</b>	1
<b>Semester</b>	1
<b>ECTS points</b>	3
<b>Teacher</b>	Barbara Pędraszewska
<b>Studies program in which the subject is realized</b>	Tourism and Recreation
<b>Method of realization (stationary/ distance learning)</b>	stationary
<b>Prerequisites</b>	None

**II. Detailed Information**

**Course aims and objectives**

A1	basic knowledge of history and tourism and recreation in the world
A2	genesis and history of tourism in Poland
A3	barriers and motives for tourism and recreation in the past
A4	trends in tourism and recreation in modern times

**Learning outcomes**

Learning outcome	Subject's learning outcomes
<b>Knowledge</b>	

K_W03	knows and understands the historical fundamentals of the contemporary leisure culture and the phenomenon of tourism and recreation
K_W04	has the basic knowledge of the art and cultural heritage, understands its value, especially in terms of social identity and attractiveness of tourist trips
K_W07	knows the fundamentals and forms of social life organization, processes of social changes and forming categories of leisure and its kinds - tourism and recreation
<b>Skills</b>	
K_U17	is able to express his or her opinions on topics related to a career in tourism and recreation with the use of terminology appropriate to the discussed issues
K_U19	is able to express his or her own opinion on significant social, career related and worldview matters
<b>Social Competences</b>	
K_K01	The graduate takes care of the fitness level essential for studying and performing tasks related to his or her career.
K_K04	Cooperates and works in a team, taking various roles
K_K09	manages tasks in a way that guarantees the safety of participants in recreational activities and tourist events

#### Syllabus contents

No	Title
<b>Classes/ Practical classes</b>	
1	The genesis of tourism
2	The beginnings of tourism and recreation in Poland
3	Tourism in the 19th century; first tourist organizations; first recreational societies
4	Recreational games and activities in the world and in Poland
5	Rau's Gardens; Henryk Jordan Park in Krakow,
6	Women's tourism and recreation - emancipation movement
7	Modern forms of recreational movement

**1 ECTS point = 30 hours students work (contact + self study)**

TYPES OF CLASSES	HOURS
Contact hours- lectures	15
Contact hours-classes	15
Self study	75h
<b>Total = 105</b>	