

Subject: Fun and games movement

GENERAL INFORMATION

Organization unit	Faculty of Rehabilitation Chair of Movement Teaching Chairman: dr hab. Izabela Rutkowska
Course name	Fun and games movement
Subject code	FV-42
Teaching language	English
Type of subject (obligatory/ facultative)	obligatory
Level of studies (eg. bachelor, master)	5 years linear master study
Study year	1
Semester	1
ECTS points	1
Professor	Izabela Rutkowska
Studies program in which the subject is realized	physiotherapy
Method of realization (stationary/ distance learning)	stationary
Prerequisites	Student has knowledge of physical education at secondary school level

DETAILED INFORMATION

Course aims and objectives

1.	Familiarize students with basic information about the safety and organization of fun and games movement for people with and without disabilities
2.	Familiarize students with methodology and practical skills of conducting fun and games movement for people with and without disabilities
3.	Familiarize students with specificity of conducting recreational activities based on fun and games movement with people with various types of disabilities

Main topics

No	Topic
	Lectures/classes



1	Acquainting with the principles of safety and the way of organization of fun and games movement for people without disabilities
2	Methodical demonstration - application of selected methods, means and forms in classes using fun and games movement for people without disabilities
3-4	Methodology of fun and games movement for non-disabled people Conducting the indicated types of fun and games movement by the student
5	Lecture on the specifics of conducting activities based on of fun and games movement for people with various disabilities. Methodical demonstration - application of selected methods, means and forms in classes using fun and games movement
6-8	Methodology of fun and games movement for non-disabled people Conducting the indicated types of fun and games movement by the student

CONDITIONS FOR PASSING CLASSES:

- 1. Active presence at 1,2,5 classes**
- 2. Conducting a part of the classes (3,4, 6-8)**

1 ECTS point = 30 hours students work (contact + self study)

TYPES OF CLASSES	HOURS
1. Contact classes	15
2. Students' preparations of the presentations	8
3. Self study as reading text prepared by the teacher	7
Total = 30 hours- ECTS points 1	

Author of the class card:	Name, surname and email Izabela Rutkowska izabela.rutkowska@awf.edu.pl
Date:	15.04.2025