

XXI International Scientific Congress "Olympic Sport and Sport for All", Warsaw, Poland, 16 – 18 September 2017

Message from Sport and Active Society Commission Chair Sam Ramsamy

Dear Participants,

Welcome to the XXI International Scientific Congress "Olympic Sport and Sport for All".

Over the course of its past editions, this Congress has played a vital role in the development of applied sport sciences. In doing so, it has made an important contribution to the science of physical education and sport.

The Congress is also an excellent platform for exchanging views and for disseminating the latest scientific research as well as promoting the Olympic ideals and values. In this way, the Congress makes a valuable contribution to realising the overarching mission of the IOC to put sport at the service of humanity. Indeed, promoting active lifestyles and encouraging people of all ages and backgrounds to practise sport is at the heart of our activities as reflected in Olympic Agenda 2020, the strategic Roadmap of the IOC.

The host of this year's Congress, the Józef Piłsudski University of Physical Education, very much shares this vision. For almost 90 years, the University has played a leading role in the advancement of sport science.

As Chair of the IOC Sport and Active Society Commission, I would like to thank the University for organising this Congress and for its significant contribution.

My thanks go also to the International Association of Physical Education and Sports Universities and its President, Professor Kairat Zakiryanov, for their unwavering commitment to creating greater awareness of the importance of sport for all, in particular for the young generation.

I wish all participants a successful Congress and an enjoyable stay in Warsaw!