

Subject: SOCIOLOGY

GENERAL INFORMATION

Organization unit	Faculty of Physical Education Chair of Humanities and Social Sciences Chairman: Michał Lenartowicz
Course name	Sociology
Subject code	6/1/II/PE
Teaching language	English
Type of subject (obligatory/ facultative)	obligatory
Level of studies (eg. bachelor, master)	master
Study year	I
Semester	I
ECTS points	3
Professor	Michał Jasny
Studies program in which the subject is realized	Physical Education
Method of realization (stationary/ distance learning)	stationary
Prerequisites	none

DETAILED INFORMATION

Course aims and objectives

To provide students with the knowledge of the basic concepts and theories that belong to the field of sociology, as an area of relevance to the students' future professional work.

To discuss issues related to the understanding and study of the social world, the explanation of social phenomena, and the mechanisms of influence of culture and society on individuals and collectives.

To shape appropriate ethical and moral attitudes of future physical education teachers.

Main topics

No	Topic
	Lectures/classes



1.	Introduction to sociology
2.	Major perspectives in sociology
3.	Research methods in sociology
4.	Media and mass culture
5.	Globalization
6.	Commercialization and consumption
7.	Stratification and social classes
8.	Gender inequality
9.	Health issues
10.	Socialization
11.	Family as a social institution
12.	Religion
13.	Nations and nationalism
14.	Politics and policy
15.	Work and employment

CONDITIONS FOR PASSING CLASSES:

Successful completion of the course is based on attendance, active participation and passing the test.

1 ECTS point = 25 hours students work (contact + self study)

TYPES OF CLASSES	HOURS
1. Contact classes	30
2. Students' preparations of the presentations	
3. Self study as preparation to the written pass	45



4. Self study as reading text prepared by the teacher	
Total = 75 hours – 3 ECTS points	

Author of the class card:	Name, surname and email
Date: 16.04.2025	Michał Jasny, michal.jasny@awf.edu.pl