Basic classes	Code in the study plan	ECTS
English Language	WFI-1	2

Education profile	practical
Faculty and field of study	Physical Education/ Physical Education
Studies program in which the	Physical Education
subject is realized	
Professor's name	Monika Szczepańska/Diana Gierwatowska
Level of studies (eg. bachelor,	Bachelor
master)	
Study year and semester	2 year, sem. 3
Language	English
Method of realization	stationary
(stationary/ distance learning)	
Lectures/classes hours	30 hours
Form of passing classes	Two written tests
Type of subject	Obligatory
(obligatory/ facultative)	
Prerequisites	B1+ level of English

DETAILED INFORMATION

Course aims and objectives

Developing skills in the use of English in

understanding of the spoken and written word, speaking, reading and writing in accordance with requirements for level B2 of the Common European Framework of Reference for Languages

Developing of language skills in the fields of science and scientific disciplines relevant to the field of study studied, i.e. PE

Shaping communication skills, mainly in terms of building a dialogue with alumni and other people who make up the sports environment

LEARNING OUTCOMES IN KNOWLEDGE, SKILLS AND SOCIAL COMPETENCES FOR CLASSES

Learning outcome	Subject's learning outcomes
KNOWLEDGE	

P_U01	The student knows and understands concepts in the area of sport and can speak about them in English.
	SKILLS
P_U02	The student can use a foreign language in the area of sports and physical recreation at the B2+ level of the Common European Framework of Reference for Language.
	SOCIAL COMPETENCES
P_U03	The student communicates with people in English also in stressful conditions. The student is ready to share his/her knowledge and skills and to lead a team of colleagues in English

SUBJECT PROGRAM CONTENT DIVISION BY FORMS OF IMPLEMENTATION

FORM OF CLASSES – CLASSES – subject	Reference to subject- specific learning outcomes
	P_U01, P_U02, P_U03
Education ans history of AWF - vocabulary	
related to studying at university, discussions. Practical	
familiarisation of students with the principles and	
methods of work ensuring occupational health and	
safety when performing activities with and/or without	
technical devices, equipment.	
Grammar- adjectives in the higher and highest degree-	
repetition.	
Vocabulary-description of the characteristics of the city,	
province and coastal areas. Reading the text "Visit or	
Avoid". Discussion and discussion of vocabulary. Food.	
Travel.	
Grammar-Different ways of comparison. Discussion of	
adjective structures. Vocabulary- adjectives used to	
describe places.	
Review test of chapter 3 Different types of silhouettes-	
Vocabulary discussion.	
Grammar-Present Perfect and Past Simple tenses.	
Repetition and consolidation	
The story of the career of renowned athlete Andre	
Agassi. Reading text 'Pushed too far?'. Lexical work.	
Discussion.	
Vocabulary- events in life.Grammar- Present perfect	
simple and Present perfect continuous tenses.	
Discussion of tenses. Use of for and since.	

II .		
II .		
II .		
II .		

PLANNED METHODS/FORMS/TEACHING MEANS

Program content	Teaching methods/forms
Classes	Communicative method and elements of
	the cognitive method.
	Work with a textbook, discussion,
	conversation,
	presentation, oral form, exercises in
	understanding
	listening and understanding general and
	specialised written text, situational
	dialogues, case study
Teaching resources: computer, multimedia projector, whiteboard	

METHODS OF VERIFYING THE EXPECTED LEARNING OUTCOMES ACHIEVED BY THE STUDENT

Learning outcomes for classes	Assessment methods
P_U01, P_U02, P_U03	- written tests on
	grammar and lexis in the area of tourism
	and recreation
P_U01, P_U02, P_U03	- evaluation of receptive skills (reading
	and
	listening)

CONDITIONS FOR PASSING CLASSES:

A prerequisite for passing the course is attendance at classes. Unexcused absence is allowed for two meetings – in each semester. Credit includes two written tests per semester from the content realised during classes and grades obtained during the semester from oral and written statements, presentations. In the case of an excused absence, it is possible to take the test at another time or during consultations.

SAMPLE ASSESSMENT/EXAMINATION TOPICS

1) Using tenses

- 2) Reading an article about hotels and answering the questions
- 3) Listening to a telephone conversation and choosing an appropriate true/false answer.

ENGLISH BIBLIOGRAPHY

	T	
Basic	Cunningam Sarah, Moor Peter:	
	Cutting Edge. Intermediate. Third	
	edition Sarah Cunningham, Peter	
	Moor and Jonathan Bygrave.	
	Pearson, 2017	
Additional	Allen W. Stannard: Living	
	English Structure. Longman	
	1993 English Vocabulary	
	Organiser Chris Gough,	
	Thomson 2000	
	 Dellar Hugh, Walkley Andrew: 	
	Outcomes. National	
	Geographic Learning	
	Cheriton House 2014	

SELF STUDY

Full-time studies		
Number of hours to complete the activity	ECTS	Type of activity
15	1	Students' preparations of the presentations
15	1	Self study as preparation to the written exam

Number of ECTS points that a student obtains in classes developing practical skills: 2

Author of the class card:	Diana Gierwatowska
Date:	15.04.2025