### **CLASS CARD**

### **MEDIATION**

| Basic classes | Code in the study plan | ECTS |
|---------------|------------------------|------|
| Nazwa zajęć   | 7/1/II/T               | 3    |
|               |                        |      |

| Education profile               | Practical                               |
|---------------------------------|---|
| Faculty and field of study      | Faculty of Physical Education, Chair of |
|                                 | Management, Organisation and Economy    |
| Studies program in which the    | TOURISM & LEASURE                       |
| subject is realized             |   |
| Professor's name                | dr Inga Maruszyńska- Małachowska        |
|                                 | inga.maruszynska@awf.edu.pl             |
| Level of studies (eg. bachelor, | Master                                  |
| master)                         |   |
| Study year and semester         | 1/1 (winter)                            |
| Language                        | English                                 |
| Method of realization           | Stationary                              |
| (stationary/ distance learning) |   |
| Lectures/classes hours          | 45                                      |
| Form of passing classes         | Test + project                          |
| Type of subject                 | Facultative                             |
| (obligatory/ facultative)       |   |
| Prerequisites                   | None                                    |

### **DETAILED INFORMATION**

## Course aims and objectives

| A1 | Acquisition of basic knowledge in the field of mediation and            |
|----|---|
|    | negotiation.  |
| A2 | Acquisition of skills in analyzing, diagnosing, and identifying methods |
|    | for resolving conflict situations.                                      |
| A3 | Developing an attitude of integrative dialogue in interpersonal         |
|    | communication.  |

# LEARNING OUTCOMES IN KNOWLEDGE, SKILLS AND SOCIAL COMPETENCES FOR CLASSES

| Learning | Subject's learning outcomes  |
|----------|--|
| outcome  |  |
|          | KNOWLEDGE  |
| KW_02    | has the knowledge about the influence of cultural, social and industrial conditions on the negotiations skills   |
| KW_05    | uses the knowledge of legal regulations; knows legal regulations in the field oftourist and recreational activity and analyzes their impact on business opportunities and protection of the interests of people participating inorganized forms of that activity with focuse on negotiations process |

| has the knowledge about analyzing the conditions of the functioning of enterprises and non-profit institutions providing tourist and recreational services in economic and social activities; has the |  |  |
|---|--|--|
| knowledge in the field of obtaining and analyzing statistical data in   |  |  |
| negotiations areas  |  |  |
| understands the impact of social and civilization changes on the  |  |  |
| lifestyle of local, regional and other stakeholders in negotiations process   |  |  |
| SKILLS  |  |  |
| is able to conduct his or her own business activity and/or manage   |  |  |
| a tourist or recreational enterprise and can manage human resources,  |  |  |
| especially innegotiation process  |  |  |
| is able to use the knowledge about the operation of international and   |  |  |
| national institutions, as well as state, local government and economic  |  |  |
| institutions in terms of creating conditions for the development  |  |  |
| of tourism and recreation in negotiation process activities   |  |  |
| is able to organize tourist events and plan recreational activities with  |  |  |
| proper attention given to their educational values; can integrate teams   |  |  |
| of participants in a tourist event or recreational activity for a common  |  |  |
| project, respectingsocial or cultural differences, using negotiations skills  |  |  |
| has the ability to critically analyses and select information from various  |  |  |
| sources, to draw conclusions and to judge and use negotiations skills   |  |  |
| has specialized skills in the selected area of activity related to tourism  |  |  |
| or recreation, as well as negotiations skills   |  |  |
| SOCIAL COMPETENCES  |  |  |
| acts ethically bearing in mind the risk of violating the common good  |  |  |
| or personal rights of other people in negotiations areas.   |  |  |
| gets involved in individual and team work; undertakes complex   |  |  |
| professional tasks in the field he or she specializes in  |  |  |
| understands the need for lifetime learning, can inspire and organize the  |  |  |
| learning process of others in negotiations areas  |  |  |
|   |  |  |

# SUBJECT PROGRAM CONTENT DIVISION BY FORMS OF IMPLEMENTATION

|                                     |   | Reference to subject-      |
|-------------------------------------|---|----------------------------|
| FORM OF CLASSES – LECTURE - subject |   | specific learning outcomes |
| L 1                                 | Familiarizing students with the principles and methods ensuring occupational health and safety during educational activities at the university, with or without the use of technical devices or equipment. Introduction | P_W01, P_W02, P_W03        |
| L 2-3                               | to basic concepts and terminology related to communication, conflict, mediation, and negotiation.  Conflict: conflict-generating  | P W01, P W02, P W03        |
| 11 2-3                              | factors, the course of  | 1_1101,1_1102,1_1103       |

| L 4-6                | conflict, and types of conflicts. Conflict within an organization and its consequences. Human behavior in conflict situations as well as methods and techniques of conflict resolution.  Negotiation and mediation situations in tourism and recreation. Principles and process of mediation. Stages of the negotiation and mediation process. Preparation and planning of the mediation process, the role of the mediator.  Negotiation styles and the factors that shape them.  Usefulness of negotiation styles. Matching the negotiation style to the situation. Negotiation techniques and tactics. | P_W02, P_W03, P_U01,<br>P_K01  P_W03, P_U02, P_K02 |
|----------------------|--|--|
|                      | techniques and tactics.  Manipulation in negotiations. Factors influencing the outcome of negotiations. Cultural determinants of negotiation.  | Reference to subject-                              |
| FORM OF CLASSES – CL | ASSES – subject  | specific learning outcomes                         |
| C 1-2                | Familiarizing students with the principles and methods of ensuring occupational health and safety (OHS) during educational activities at the university, both with and without the use of technical equipment or devices. Conflicts in tourism and recreation. Positive and negative effects of conflict within a tourist or recreational group. Conflict escalation and methods of tension reduction.   | P_U01, P_U02, P_K02                                |
| C 3-6                | The role of the communication process in mediation and negotiation –   | P_U01, P_U02, P_K01,<br>P_K02                      |

|         | verbal and nonverbal communication, body language, active listening, assertiveness, and feedback. Basics of Neuro-Linguistic Programming (NLP) in the work of a tourism and recreation specialist. |                                      |
|---------|--|--------------------------------------|
| C 7     | The importance of emotions in the process of negotiation and mediation. Managing conflict from the perspective of a pilot, guide, and recreation instructor.                                       | P_W02, P_U01, P_U02,<br>P_K01, P_K02 |
| C 8-9   | Holiday negotiations – negotiation game, practicing the principles and rules of mediation.   | P_U01, P_U02, P_K01,<br>P_K02        |
| C 10-13 | Business negotiations –<br>types, principles, and risks –<br>commercial negotiation<br>game exercises.   | P_U01, P_U02, P_K01,<br>P_K02        |
| C 14-15 | Building one's image as an element of negotiation power, self-presentation – practicing mediation and negotiation techniques using the case study method.  | P_U01, P_U02, P_K01,<br>P_K02        |

## PLANNED METHODS/FORMS/TEACHING MEANS

| Program content  | Teaching methods/forms  |  |
|--|---|--|
| L1 – L8  | Lecture-based with questions and  |  |
|  | discussion.   |  |
| C 1-15   | Negotiation games with active student participation, discussion, analysis of practical examples, film screenings, and case studies. |  |
| Teaching resources: computer, multimedia projector, whiteboard |   |  |

# METHODS OF VERIFYING THE EXPECTED LEARNING OUTCOMES ACHIEVED BY THE STUDENT

| Learning outcomes for classes | Assessment methods                |  |
|-------------------------------|-----------------------------------|--|
| P_W01, P_W02, P_W03           | Written exam with a grade         |  |
| P_U01, P_U02, P_K01, P_K02    | Ongoing assessment based on class |  |
|                               | participation and engagement      |  |

#### **CONDITIONS FOR PASSING CLASSES:**

Assessment criterion: It is obligatory to be present during the classes (frequency at least 80%). The condition for passing the course is a positive assessment of the written test (a satisfactory grade - at least 60%) and positive evaluation of the prepared projects/tasks. Grading scale for the final test (point-based system):

5.0 - 100 - 90%

4.5 - 89 - 85%

4.0 - 84 - 75%

3.5 - 74 - 70%

3.0 - 69 - 60%

#### SAMPLE ASSESSMENT/EXAMINATION TOPICS

- 1. Assertive refusal means: (choose the correct answer from the options below)
- 2. "Be soft on people but hard on the problem." Which negotiation style does this statement refer to?
- 3. Redefining and reorienting the conflict in order to shift its cause outside the parties involved is one of the ways to reduce or resolve a conflict situation. What is the name of this method?
- 4. There is two-way communication between the sender and the receiver, allowing full feedback. Who is responsible for the message in such a situation?

#### **ENGLISH BIBLIOGRAPHY**

| Basic      | Lewicki, Roy J., Saunders, David M., Barry, Bruce (2010). Essentials of Negotiation. Fifth edition. New York: McGraw-Hill |
|------------|---|
|            | Higher Education.   |
| Additional | Lax, David. A., Sebenius, James K. (2006)   |
|            | 3-D Negotiation: Powerfool tools to change  |
|            | the game in your most important deals.  |
|            | Harvard Business School Press.  |

#### **SELF STUDY**

| Full-time studies                        |      |  |
|--|------|--|
| Number of hours to complete the activity | ECTS | Type of activity                                   |
| 45                                       | 1,8  | Contact classes                                    |
| 10                                       | 0,4  | Students' preparations of the presentations        |
| 15                                       | 0,6  | Self-study as preparation to the written exam      |
| 5  | 0,2  | Self-study as reading text prepared by the teacher |
| 75                                       | 3    |  |

Number of ECTS points that a student obtains in classes developing practical skills: 1

| Author of the class card: | Name, surname and email      |
|---------------------------|------------------------------|
| <b>Date:</b> 30/04/2025   | Inga Maruszyńska-Małachowska |
|                           | inga.maruszynska@awf.edu.pl  |