

## Subject: Sociology of health and disabilities

### I. General information

<b>Organization unit</b>	Faculty of Rehabilitation Chair of Psychosocial Foundation of Health and Rehabilitation Head of Chair: dr hab. prof. AWF Alicja Przyłuska-Fischer
<b>Course name</b>	Sociology of health and disabilities
<b>Subject code</b>	FV 23
<b>Teaching language</b>	English
<b>Type of subject (obligatory/ facultative)</b>	facultative
<b>Level of studies</b>	Bachelor studies (I degree occupational therapy), long-cycle Master's degree (physiotherapy)
<b>Study year</b>	I, II, III
<b>Semester</b>	Winter, Summer
<b>ECTS points</b>	2
<b>Teacher/ e-mail</b>	Iwona Młodziak iwona.mlozniak@awf.edu.pl
<b>Studies program in which the subject is realized</b>	Occupational Therapy, Physiotherapy, Nursing
<b>Method of realization (stationary/ distance learning)</b>	Stationary
<b>Prerequisites</b>	Fluent English

## II. Detailed Information

### Course aims and objectives

A1	To familiarize students with the basic cultural and socio-economic and demographic factors affecting health of individuals and population
A2	To familiarize students with the basic research methods and techniques in the context of research on health, diseases and disabilities, and public health
A3	To familiarize students with social and cultural factors affecting the level of activity, participation and social integration of people with and without disabilities
A4	To acquaint the student with the structural determinants of health and public health policies
A5	Developing students' skills to observe, interpret and describe the behaviour of individuals and their own as well as social phenomena and group processes in categories relevant to social sciences
A6	To develop students' attitudes of openness and respect for cultural, religious and social diversity as well as opposition to discrimination and exclusion of the people with disabilities

## Learning outcomes

Learning outcome	Subject's learning outcomes
<b>Knowledge</b>	
<p><b>In terms of knowledge, the graduate knows and understands:</b></p> <p>O.W3 issues in the scope of scientific discipline – psychology, pedagogics and sociological sciences, philosophy, bioethics;</p> <p>B.W2 psychological and social aspects of attitudes and assistance activities;</p> <p>B.W12 principles of health education and health promotion, and elements of social policy regarding health protection;</p>	<ol style="list-style-type: none"> <li>1. Knows the genesis and scope of research interests in sociology, and its basic subdisciplines</li> <li>2. Knows the basic research methods used in social sciences, understands their methodological specificities and scientific status</li> <li>3. Explains the concepts of health, illness and disability in the context of social diversity</li> <li>4. Defines the concepts of social group, community, social aggregate. Distinguishes between basic types of social groups</li> <li>5. Differentiates between various types of social structures such as status, role, institution, community</li> <li>6. Identifies group norms and group goals, describes basic group processes</li> <li>7. Presents basic interactive rules (self presentation, role imposition, reflected self, interpersonal distances)</li> <li>8. Defines the concept of social inequality, social stratification, socio-economic status, class, social exclusion, discrimination, poverty</li> <li>9. Explains normative expectations describing the social roles of the patient, medical professional, physiotherapist, occupational therapist and other parties participating in the process of providing health services</li> <li>10. Knows the place of the profession of a physiotherapist, nurse, occupational therapist in the health care system</li> <li>11. Explains basic sociological concepts in the field of culture (cultural components, linguistic and cultural relativism, subcultures, counterculture, ethnocentrism).</li> <li>12. Defines the concepts of cultural norms, values and axiomatic system.</li> <li>13. Defines the basic concepts and phases of the socialization process (primary and secondary socialization, upbringing, individual and social identity, generalized other, socialization agendas, social rehabilitation, lifelong socialization).</li> <li>14. Describes the impact content of the socialization process, socio-economic status, cultural norms and values on health behaviours</li> <li>15. Defines the concept of family and household,</li> </ol>

	<p>differentiates between their various types</p> <p>16. Knows the basic directions of changes in the family models in contemporary societies</p> <p>17. Characterizes the functions of the family in relation to its members and society</p> <p>18. Explains the impact of illness and disability on the family's economic and cultural functioning.</p> <p>19. Defines the concept of social support and indicates its types</p> <p>20. Characterizes the health of the population and selected social groups and communities</p> <p>21. Differentiates objective and subjective indicators of health</p> <p>22. Defines and explains the concept of disability in functional terms</p> <p>23. Distinguishes disability in the biological sense from disability in the legal sense</p> <p>24. Characterizes the system of assistance for people with disabilities in Poland as part of the social security system</p> <p>25 Characterizes the biomedical health model, explains its origins and impact on the formation of institutions of health protection and care for people with disabilities on the national level</p> <p>26. Presents The "new health paradigm" and its impact on the functioning of health care systems and systems of assistance and care for people with disabilities; explains its origins</p> <p>27. Explains the concept of behavior in health and disease</p> <p>28. Characterizes the impact of socio-demographic variables (gender, age, education) on the diversity of health behaviors, disability disease.</p> <p>29. Distinguishes criteria and defines social, biological and institutional understandings of old age.</p> <p>30. Explains the impact of " population ageing " on the communities, culture, labour market and social security systems</p> <p>31. Knows the definition of ageism</p>
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Skills	
<p><b>In term of skills, the graduate is able to:</b></p> <p>B.U4 organize activities focused on health education, health promotion and disability prevention;</p> <p>B.U8 identify basic ethical problems related to modern medicine, protection of life and health while taking into account cultural, religious and ethnic conditions of patients in the planning and course of physiotherapy</p> <p>E.U3 use specialized domestic and foreign scientific literature</p> <p>E.U5 present the results of a scientific study;</p>	<p>32. Recognizes attitudes towards the sick and disabled, can indicate their causes.</p> <p>33. Is able to recognize the group and cultural belonging in an individual cases</p> <p>34. Recognizes the factors determining the socio-economic position of a family</p> <p>35. Recognizes environmental health threats and factors discriminating against sick and disabled people</p> <p>36. Is aware of the scope of the professional role of a physiotherapist</p> <p>37. recognizes the normative expectations and privileges associated with this position and role</p> <p>38. Can see the differences in expectations related to the professional role depending on the type of patient, his/her age, socio-demographic and cultural characteristics</p> <p>39. Adapts behavior in the role of a professional physiotherapist to the requirements of the healthcare facility, the type of patients, the expectations of other members of the therapeutic team</p> <p>40. Designs questionnaires for collecting socio-demographic data on patients</p> <p>41. Is able to analyze the data, correctly conclude and relate conclusions to specialist literature</p> <p>42. Is able to organize the collected data in terms of importance and present them in the form of presentations</p> <p>43. Can present in the form of a report or essay the results of research or studies on the literature on the subject</p>
Social Competences	
<p>O.K1 establish and maintain respectful contact with the patient, as well as to show understanding of ideological and cultural differences;</p> <p>O.K2 practice the profession, be aware of the role that the physiotherapist</p>	<p>44. Adheres to the basic interactive rules and cultural norms</p> <p>45. Accepts differences in behavior arising from cultural and differences, gender and age</p>

plays for the benefit of society, including the local community  O.K7 implement of the principles of professional camaraderie and cooperation in the team of specialists, including representatives of other medical professions, also in a multicultural and multinational environment	
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### Syllabus contents

No	Title
<b>Classes</b>	
1-2	Introduction to social sciences: cognitive and methodological specificity of social sciences. Sociology as a social science, basic concepts and research methods
3-4	Social inequalities: their origins, definitions of social strata and classes, health and physical activity as a stratification factor
5-6	Culture: including physical culture, and cultural approaches to health, illness, and disability
7	Contemporary social security systems: healthcare systems, and a system of assistance for people with disabilities. Place of physiotherapy in social security systems.
<b>Practical classes</b>	
8-9	Basic sociological concepts and categories. Main theoretical approaches in analyzing and explaining social phenomena
10	Research methods of social sciences used in scientific research and collecting information on health, illness and disability problems
11-12	Health, disease and disability as social problems
13	Sociological concepts of family
14	Ageing societies: a sociological perspective

### Assessment criterion

Local grade	Grade	Criteria
5	A	91-100% final exam (50% of the final grade), Presence and active participation in the classes based on readings (50% of the final grade)
4,5	B	86-90% final exam (50% of the final grade), Presence and active participation in the classes based on readings (50% of the final grade)
4	C	76-85% final exam (50% of the final grade), Presence and active participation in the classes based on readings (50% of the final grade)
3,5	D	66-75% final exam (50% of the final grade), Presence and active participation in the classes based on readings (50% of the final grade)
3	E	50-65% final exam (50% of the final grade), Presence and active participation in the classes based on readings (50% of the final grade)
2	F	<50% final exam(50% of the final grade), Presence and active participation in the classes based on readings (50% of the final grade)

**1ECTS point = 30 hours students work (contact + self study)**

<b>TYPES OF CLASSES</b>	<b>HOURS</b>
Contact hours	30 (15 lecture classes + 15 practical classes)
Self study including preparing to the practical clases and final exam	30
<b>Total = 60 hours = 2 ECTS</b>	